SPICEROADS

CYCLING





KANCHANABURI EXPLORER

Tour Code **THA-TKA**

3 DAYS
2 NIGHTS

Destinations

Tour Meets
Tour Ends

Fly in to Fly out of

Group Size
Minimum Age

Thailand

06:30 to 07:00 at your hotel in Bangkok Around 17:30 at your hotel in Bangkok

Under 5: free; Age 5-11: 15% discount

Suvarnnabhumi Airport (BKK) Suvarnnabhumi Airport (BKK)

2-16 riders

O (on scheduled departures)

WHAT'S EXCLUDED

International flights

Domestic flights

Visa fees

Alcohol



US\$ 750

Included

US\$ 105

X

×

X

X Tips

Price Bike Hire Single Supplement Child Pricing

PRICING

WHAT'S INCLUDED

- ✓ Water bottle
- ✓ Support vehicle
- ✓ Guide(s)
- Meals (as indicated)
- ✓ Hotel pick up
- ✓ Hotel drop off
- ✓ Accommodation
- Bike and helmet
- Snacks and drinks
- Accident insurance

ACTIVITY PROFILE

₫7<u>}</u>

3 Cycling days

34km

Avg distance / day

 102_{km} Total cycling distance

m Avg climbing / day

DEPARTURES



12 May - 14 May 2025 09 June - 11 June 2025 14 July - 16 July 2025 11 August - 13 August 2025

15 September - 17 September 202513 October - 15 October 2025

10 November - 12 November 202515 December - 17 December 2025

11 May - 13 May 2026 08 June - 10 June 2026

See website for later departures

TRIP PROFILE

We ride on small back roads with little traffic and some short off road sections. The terrain is undulating with one major climb of 2 km, but just in case our support vehicle is always close by. This tour is suitable for anyone with minimum biking experience.

The trip is fully supported and your guide's expert knowledge of the area and terrain means that you always know what is coming up in terms of distance and difficulty. This makes a tremendous difference, as does the constant supply of cold drinks and fresh fruit.

Suitability: This tour is suitable for riders with some biking experience. You can expect a fairly gentle ride each day with none of the distances being overly long. There are a few small hills, but these can be tackled by anyone with even a moderate amount of fitness. The emphasis on this tour is Thailand's scenery off the beaten track.

Biking Conditions: This trip is a mixture of wide, hard-packed dirt trails, single track and smooth tarmac. An air-conditioned bus travels behind the group to support us, and participants can cycle as much or as little as they like and still enjoy the same views as the rest of the group.

Day 1 Bangkok - Kanchanaburi - Death Railway - Kwai Noi

We head west out of Bangkok and visit historical sights in Kanchanaburi - the War Museum, the War Cemetery and the famous bridge. We then board the local train for a stunning ride on the Death Railway. After lunch and a visit to Krasae caves we start biking along some great trails, passing by some teak plantations and small Thai villages, on our way to Prasat Mueang Sing. This historical site covering some 74 hectares is believed to have been used by the Khmer Empire as a trading point along the Kwai Noi River. We ride around the park and visit the museum before packing up the bikes and driving the short way to our riverside hotel.



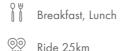
Day 2 Ban Kow - River Kwai Noi

Today we'll spend most of the day on the bike as we cycle at a leisurely pace along some great trails. This ride is filled with a vast array of colours as we have the red laterite trails, the greens of the jungle and of course the blue skies. This trail has some stunning views of the valleys that surround this area and we ride through some great jungle and farmland. The cycling is a little more challenging than the previous day's ride with some undulating terrain and a gentle climb of about 2 km (but can be avoided). This ride gives us a great chance to see the rolling hills that separate Burma from Thailand. We arrive at our riverside hotel by late afternoon and can choose to relax by the pool, or arrange to have a massage or take a boat trip to visit a Mon village.



Day 3 Kwai Noi - Hellfire Pass - Bangkok

The ride today is a bit more challenging. Although the ride is mainly downhill there are a few small uphills but nothing too strenuous. The main downhill needs to be taken with some caution as it is partly off-road and a little bit steep. The reward is to do some riding on the trail through primary jungle and follow a small river which meanders down to the river Kwai Noi and makes for a stunning ride. Once we have completed the ride we take a short hop across the river to visit Hellfire Pass, the name given to the 1000m of mountain cut through rock and soil with only the most rudimentary implements by prisoners of war. We also have a chance to visit the museum before a local lunch. After lunch we return to Bangkok and drop you off at your hotel.



Disclaimer: The adventure cycling tours we operate often go beyond the beaten track, and the countries where we ride are not always predictable. Due to these reasons, it is occasionally necessary to reroute or update itineraries. Our guarantee is that we will not change a trip unless for safety or to improve it. Our listed hotels are always accurate at the time of writing, but should we have to change any hotel, it will always be for a similar or better one.

NUTS & BOLTS

Bikes

Bike hire is included in the tour. The bikes are well-known makes of hybrid or mountain bikes (depending on the tour) with lightweight alloy frames, 24- to 27-speed gearing, v-brakes and Shimano components and front suspension.

Bike Repairs

Basic spares and tools are carried by the guide and on the support vehicle, though we cannot guarantee having spares for every conceivable problem. Carrying a basic tool kit, a spare tube and a pump while riding is recommended.

Safety

Wearing a helmet is required on all our biking adventures and is non negotiable. If you do not wear a helmet you will not be allowed to cycle. Your tour leader is trained in first aid and emergency rescue, but to a large degree you must be responsible for your own safety while riding. It is therefore compulsory that you take out travel insurance that will cover you for a mountain biking tour.

Guides

You will be led by a local English-speaking guide and if the group is 9 people or more we will add another guide to the tour. All our guides are well informed in the history, culture and religions of the area where you are biking and are skilled at passing that knowledge on to you. Your guide is also medically trained and an experienced cyclist, able to handle most minor repairs en route.

THE NITTY GRITTY

Passports and Visas

Visitors from 93 countries can enter Thailand for 60 days without applying for a visa. See here if your country is on the list. If you do not hold a passport from one of these countries please contact the Thai embassy or consulate nearest to you about applying for a visa. If you intend to say for more than 60 days you will also need a visa. Please check this page for more details and the latest updates. Please ensure you hold a passport with at least 6 months of validity remaining. You will need to show proof of an onward flight out of Thailand to be eligible for the visa on arrival. If you do not possess a ticket proving your exit from Thailand within 60 days of arrival, you may be denied boarding.

Health

We recommend that you visit a travel medical doctor and ask about the following vaccinations: typhoid, polio, tetanus and hepatitis A. A certificate for Yellow Fever is required when arriving from an infected area within six days.

Weather

Thailand generally has a tropical climate with fairly high humidity. The North and Central region have a tropical climate with fairly high humidity. Northeast Thailand has a humid hot and dry weather alternatively with medium rain while the coastal areas of the east is humid and hot with intermittent rain. The South of Thailand has a tropical climate with fairly high humidity.

There are three seasons: from March to June it is hot and dry, with temperatures between 27°C/80 F and 40°C/104 F, with night temperatures in the 20s. The rainy season is from July to October, but temperatures are slightly lower, because of the effect of the rain. During this time it will not rain continuously, but in sharp bursts, and the sun can come out quickly. The cooler

season is from October to February, with average temperatures between $20^{\circ}\text{C}/68\ \text{F}$ and $30^{\circ}\text{C}/86\ \text{F}$.

Food

Meals are included as per the itinerary where B = breakfast, L = lunch, D = dinner. Most meals are local and feature noodles, rice, curries, and soups. Any special dietary requirements can also be catered for as well. Please let us know at the time of booking.

Drink

Keeping you completely hydrated is a job we take very seriously. Cold water, some energy-restoring local fruit, and soft drinks are included in the tour price while riding. Soft drinks and other beverages during meals are not included. Beer is freely available everywhere but is NOT included in the price.

Solo Travelers

SpiceRoads does not require you to pay a surcharge for traveling alone. We will arrange for you to share accommodation with another traveler of the same gender and if we cannot match you up we will provide a single room at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room. The cost of the single supplement is listed above.

Extra Expenses

We recommend that you tuck away a few extra dollars, perhaps US\$20 per day, for incidentals.

Money

The Thai currency is the baht. ATMs, which are abundant, are the easiest ways to get Thai baht. Have a supply of US dollars in cash on hand, just in case your card doesn't work. Banks or the rarer private moneychangers offer the best foreign-exchange rates. Credit cards are accepted in big cities and resort hotels but you'll need baht for family-run guesthouses or restaurants.

GENERAL BOOKING INFO

If this is the tour for you here's what you need to do to confirm your place:

FLEXIBLE BOOKING CONDITIONS

Booking a SpiceRoads cycling adventure is easy and we try to do everything possible to make sure you have full flexibility and peace of mind. We do not require a deposit to hold your place on a tour and once full payment has been made your money is protected in our client account and you have the flexibility to cancel or change your booking if needed.

CONFIRMING YOUR BOOKING

Just complete our online booking form or send your booking details offline (email or post), and we will confirm your participation. No deposit is needed to confirm your place on a SpiceRoads tour.

You are advised to read our <u>Booking Conditions</u> in full before you make your payment and should you require further clarifications of any of the conditions below, please <u>email us</u> or call our office.

TRIP STATUS

There is a minimum number of participants (usually 2) required to enable the trip to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to Depart'. Once a trip is guaranteed to depart you are free to book your flights and make other travel arrangements. If the trip status is 'Limited' will mean we have only a small number of spaces available for booking. If you are unsure about the trip status, please <a href="mailto:em

BOOKING ONLINE

From the tour page, click the 'Book Now' link. All departures for this tour will appear, just select the date you'd like to travel. For the next steps, you'll need to know the names of the people travelling. If you wish you can also provide extra details such as passport numbers, height (for bike hire), or you can add that later by logging into Manage My Trip (we'll set up an account for you automatically if you don't already have one). Our system will contact you from time to fill in the missing information, as it will be required before departure. However, if the trip that you

are booking offers a child discount, you will have to fill out the date of birth of each rider (so we can calculate the appropriate discount).

If you are having any problems <u>please send us an email</u>, or give us a call (+66 026 3295) and one of our travel specialists will assist you with your booking.

BOOKING OFFLINE

Just call us or send an email indicating which trip you want to join and we will happily send you a list of questions and process your booking for you.

DEPOSITS AND PAYMENTS

We do not require a deposit or full payment to book a place for you on a tour.

The balance of the tour's cost (final invoice) will need to be paid 60 days before the departure date with fees for any bicycle rental(s), single supplement(s) and extra hotel nights.

In the case where a booking is made when there are less than 60 days until the tour departure date, the tour's cost should be paid in full within 72 hours of receiving an invoice from SpiceRoads. Payment can be made by credit card using our online payment gateway or by bank transfer. When making payment online you will need to confirm that you have read these booking conditions during the "checkout" process, which equates to agreeing to the terms of services and stipulations as indicated in this document.

In all cases, tour fees need to be paid "in full" before participation in a tour. No person(s) will be allowed to join a tour without fully settling their invoice and receiving a confirmation number from SpiceRoads.

The exception can be made for last-minute miscellaneous fees that can be paid locally (visas, additional local hotel bookings, etc.) can be settled on the day of arrival.

FULL FLEXIBILITY FOR TOUR CANCELATIONS

If the tour is cancelled or postponed by SpiceRoads because we didn't make the trip numbers and the tour can't run, we will make a full cash refund (by bank transfer or on your credit card).

If the tour is cancelled for any other reason, including due to Covid related travel restrictions, we will give you a full credit (with no deductions for admin or any other small-print item) to use on any SpiceRoads tour with no time limit. (Exceptions being flights, special permits and other non-refundable items and these will be advised when booking the trip).

Before paying for your tour, you can cancel your booking with no charge and up until 40 days before departure, you can change your booking to another travel date or move your booking onto another SpiceRoads tour with no charges.

If you need to cancel after you have made full payment, please see our cancellation policy.

Loyalty Riders Club

For those who have been on several long tours with us, we reward customer loyalty by offering repeat customers a special discount off the tour price (excludes single supplement and bike rental). If this is your fourth scheduled tour or more you will receive a 5% discount. If this is your eighth scheduled tour or more we will extend a 10% discount. The discount will be reflected in your online booking, but please contact us if any questions. Loyalty discounts cannot be used in conjunction with any other offer. Note: Only tours of 7 days or more will be applicable for a loyalty discount.

International Flights

International flights, to and from the start and finish points are not included in the tour price. Once your tour is Guaranteed to Depart you can book your flight. Please contact us for advice before arranging flights for the best arrival and departure times. We would only cancel a trip for an extreme circumstance, but in that case, where we cancel your trip, we cannot be liable for losses incurred relating to any flight booking you have made. Please claim any losses from your travel insurance that you acquired when you booked your holiday.

Newsletter

Our adventure travel <u>e-newsletter</u> is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from SpiceRoads, be sure to subscribe.

The information in this document is given in good faith, and covers the average range of conditions likely to be found on this trip. Please note that the itinerary is subject to change due to unforeseen circumstances, however, we will always do our best to adhere to this original itinerary

CONTACT US

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