

# SPICE ROADS

## CYCLING



### BIKING BANGKOK TO ANGKOR WAT

Tour Code  
**MCT-MBA**

**7** DAYS  
**6** NIGHTS

	Destinations	Thailand, Cambodia
	Tour Meets Tour Ends	Bangkok Siem Reap
	Fly in to	Suvarnabhumi Bangkok International Airport (BKK)
	Fly out of	Siem Reap–Angkor International Airport (SAI)
	Group Size Minimum Age	2-16 riders 18 (on scheduled departures)

### ACTIVITY PROFILE



**6**  
Cycling days

**271** km  
Total cycling distance

**45** km  
Avg distance / day

**237** m  
Avg climbing / day

### PRICING



Price	US\$ 1,900
Bike Hire (Mountain Bike)	US\$ 140
Single Supplement	US\$ 255

### WHAT'S INCLUDED

- ✓ SpiceRoads jersey
- ✓ Water bottle
- ✓ Support vehicle
- ✓ Guide(s)
- ✓ Meals (as indicated)
- ✓ Hotel pick up
- ✓ Accommodation
- ✓ Snacks and drinks
- ✓ Entrance fees
- ✓ Ferry/boat fares

### WHAT'S EXCLUDED

- ✗ International flights
- ✗ Domestic flights
- ✗ Airport pick up
- ✗ Airport drop off
- ✗ Visa fees
- ✗ Alcohol
- ✗ Tips

### DEPARTURES



05 January - 11 January 2025  
09 February - 15 February 2025  
09 March - 15 March 2025  
18 May - 24 May 2025  
13 July - 19 July 2025  
19 October - 25 October 2025  
09 November - 15 November 2025  
21 December - 27 December 2025  
04 January - 10 January 2026  
08 February - 14 February 2026

See website for later departures

## TRIP PROFILE

We ride a total of 271 km over 6 cycling days. This tour is designed to strike an ideal balance between scenic, mildly-challenging cycling and cultural and historical exploration, providing an immersive experience in Thailand and Cambodia. With several vehicle transfers before and/or after our rides, we avoid busy main roads and focus on the most enjoyable routes. Angkor, one of the world's most extraordinary heritage sites, is a highlight, and we aim to offer you a nuanced perspective of the ancient temples both on and off the bike.

The trip is fully supported, and your guide's expert knowledge of the area and terrain means that you always know what is coming up in terms of distance and difficulty. This makes a tremendous difference, as does the constant supply of water and refreshments along the way.

**Suitability:** This is a moderately difficult trip that anyone with a reasonable level of fitness will enjoy. Aside from some undulations on the Thai side, the rides are predominantly flat, with no more than 350 meters of elevation gain in a day. Daily distances average around 45 km, allowing ample time for immersion, sightseeing, and relaxation. In Cambodia, navigating gravel, sand, and cratered country roads requires some handling skills but does not involve technical maneuvering. The support vehicle is always nearby to offer refuge to any weary cyclists. We also have one day off the bikes when we travel from Battambang to Siem Reap, either by boat or overland, depending on the water levels of Tonle Sap Lake.

**Biking Conditions:** In Thailand, the roads are almost entirely paved and in good condition, with only a few short stretches of gravel in the plantations near the border. In Cambodia, our rides include a mix of paved roads in varying conditions, gravel and sand country roads, and vehicle-width dirt roads. While cycling in Angkor, we'll also enjoy some fun single tracks in the forests. Although much of the route is on quiet countryside roads with minimal traffic, we will regularly share the roads with cars, motorbikes, and buses. In the dry season, Cambodia's roads are notoriously dusty, and when it rains, they can become muddy. We generally ride rain or shine, but based on the guide's discretion or your comfort level, modifications to the planned route can be made. It's all part of the adventure!

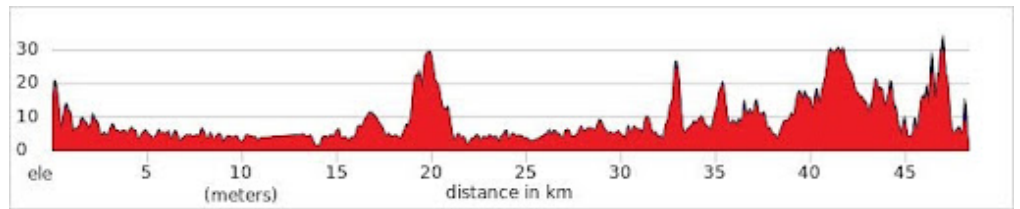


### Day 1 Bangkok – Rayong – Chanthaburi

We begin with a morning pick-up from your accommodation in Bangkok and transfer around 3.5 hours to the coast of Rayong Province. During lunch with an ocean view, our bikes will be assembled, and we'll start the adventure with a gentle warm-up ride along the Gulf of Thailand. Cycling on well-paved secondary roads, we'll pass shrimp farms with their patchwork of ponds,

rubber plantations with neatly spaced trees, and fishing communities with colorful boats and wooden houses. The highlight of the ride is a loop around a rugged cape, offering stunning views over winding roads next to the ocean. We'll then transfer for an hour to Chanthaburi, where we spend the night. Chanthaburi is renowned for its historic riverside buildings and charming Old-World ambiance – ideal for a late afternoon stroll and sampling local Thai delicacies.

 Maneechan Resort  Lunch, Dinner

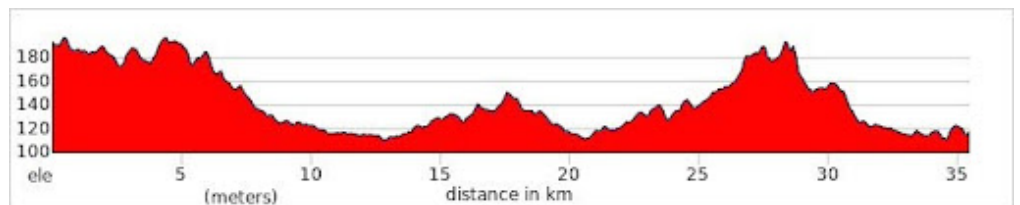


 Ride 48km  +275m  -290m

## Day 2 Chanthaburi – Cambodian Border – Battambang

We switch kingdoms from Thailand to Cambodia! Starting with a one-hour transfer from Chanthaburi town to our cycling start point, we'll embark on a 35 km journey toward the Cambodian border. The ride is mostly on well-paved, undulating roads lined by expansive orchards and fields, with a few sections on gravelly and sandy tractor paths through longan and durian plantations. After reaching the Ban Pakkad border checkpoint and completing immigration procedures, the SpiceRoads Cambodia team will welcome us to the "Kingdom of Wonders." We'll first head to a nearby restaurant for lunch before continuing with a roughly 2-hour drive to Battambang. Just outside the city, we'll stop at Phnom Sampov, a rocky outcrop with a hilltop temple complex overlooking the vast, rice-paddy-covered Cambodian plains. This site is also home to the "Killing Caves," a somber memorial to the victims of the Khmer Rouge genocide. Afterward, we'll return to the base of the hill to experience the day's grand finale: the mesmerizing exodus of millions of bats swirling into the twilight sky from a cave. We'll take a seat, grab a drink, and enjoy the show! After dusk, we'll drive to our hotel in Battambang City.

 Classy Hotel & Spa  Breakfast, Lunch, Dinner



 Ride 35km  +255m  -331m

## Day 3 Battambang Exploration

The countryside around Battambang bursts with vibrant rural scenes, reflections of Cambodia's history, and some unexpected fun. We'll start with a 25 km ride along the banks of the Sangker River and its surrounding roads, passing traditional cottage industries where local favorites like banana chips, rice wine, bamboo sticky rice, and prahok (a pungent fermented fish paste) are made. We'll also explore Wat Phnom Eak, an 11th-century Angkorian ruin, and pay our respects at the Samrong Knong Killing Field, a genocide memorial within the grounds of a Buddhist temple. The second half of our ride takes us through lush rice paddies and roadside markets, culminating in a quintessential and somewhat comical Battambang experience: a ride on the bamboo train, clattering along train tracks on bamboo platforms powered by a small motor. Before riding back to the city, we'll cross a hanging bridge that feels straight out of an Indiana Jones movie and visit the Cambodian Peace Gallery, a thought-provoking exhibition on war and reconciliation. After some free time in the afternoon, we'll gather for dinner at Jaan Bai, a social enterprise restaurant serving fresh local cuisine and providing employment for Cambodian youth.

 Classy Hotel & Spa  Breakfast, Lunch, Dinner



📍 Ride 54km    📈 +288m    📉 -268m

## Day 4 Battambang – Siem Reap

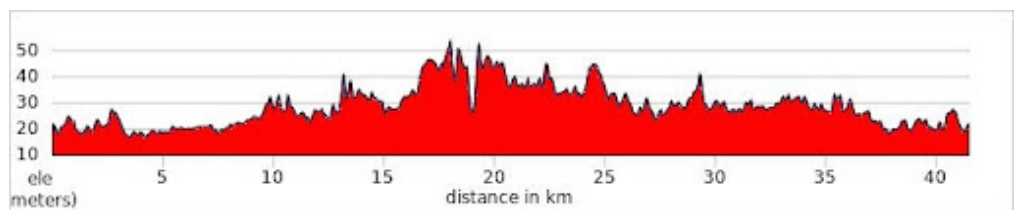
Today's schedule is dependent on the water levels of the Tonle Sap, Southeast Asia's largest freshwater lake and one of Cambodia's most treasured life-sustaining natural resources. The Tonle Sap swells and shrinks with the coming and going of the yearly monsoon period. When the water levels are sufficiently high (August to December tends to be the sweet spot) then we cruise from Battambang to Siem Reap via an open-air boat, enjoying a 6-7 hour journey along the Sangker River which then feeds into the shimmering Tonle Sap Lake. Throughout the journey we are surrounded by a photo reel of stilt houses, fishing contraptions, floating villages, marshes, and sunken forests. When the water levels are too low to permit a comfortable boat ride (generally March to August, but it varies year to year), then we transfer to Siem Reap by support vehicle. After some free time in the early afternoon we'll regroup for a sunset cruise on the Tonle Sap and one of its floating villages which is possible year round.

🏠 Steung Siem Reap Hotel    🍴 Breakfast, Lunch, Dinner

## Day 5 Ancient Angkor's Iconic Sites by Bike

The UNESCO World Heritage Site of Angkor is home to the once-glorious capital cities of the Khmer Empire, whose powerful god-kings built lavish stone temples between the 9th and 15th centuries CE. Today, we discover Angkor's most iconic sites by cycling along the manifold paths that pass by, lead to, and twist around the temples and ruins scattered across the plain. At Ta Prohm - brought to fame by the film "Tomb Raider" - we stumble across a tumbling façade of laterite and sandstone blocks draped by the massive roots of fig trees. At the Bayon - a temple built as a microcosm of the heavens - we marvel at the rows of godly faces carved into the temple towers and peering sublimely in all cardinal directions. And at Angkor Wat - the national symbol of Cambodia and the largest religious structure in the world - we stroll through the inner and outer courtyards decorated with excellently conserved carvings and bas-reliefs depicting Hindu myths, wars, life and death. We have a short vehicle transfer to get to the entrance of Angkor Wat and then return to Siem Reap by bike. With plenty of options to choose from, dinner is on your own tonight.

🏠 Steung Siem Reap Hotel    🍴 Breakfast, Lunch



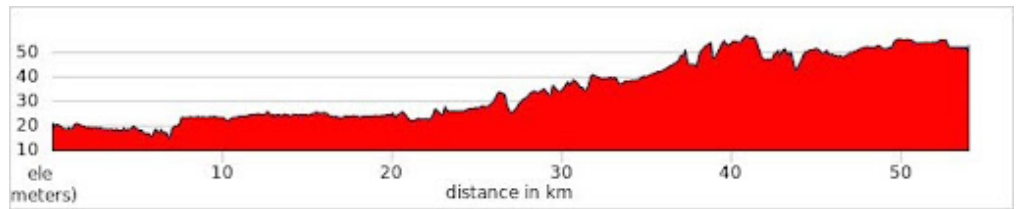
📍 Ride 42km    📈 +334m    📉 -334m

## Day 6 Siem Reap Countryside

As the ideal sequel to the previous day, today's focus will be getting further afield from the main sites at Angkor and leaving the touring masses behind. Departing Siem Reap by bike, we head north, initially on paved roads but soon transitioning to quiet dirt roads cutting through an expanse of rice fields and small villages. Along the way, we'll pop into local houses for a close up look at some rural cottage industries, such as basket weaving and sugar palm production. Our ride ends at the 10th-century temple of Banteay Srey. Considered a jewel of Khmer artistry, Banteay Srey is renowned for its exquisite bas-reliefs carved into delicate, pink sandstone. We'll have lunch at a local restaurant near the temple and then transfer back to Siem Reap, giving you

the afternoon at leisure to relax by the pool, enjoy a massage, or explore the town of Siem Reap. For anyone with extra energy, you are welcome to skip the transfer and cycle back to Siem Reap instead (it is around 40 km along the main road). Tonight we dine at SPOONS, a social enterprise restaurant serving up authentic Khmer food and supporting the professional training of marginalized youth.

 Steung Siem Reap Hotel  Breakfast, Lunch, Dinner

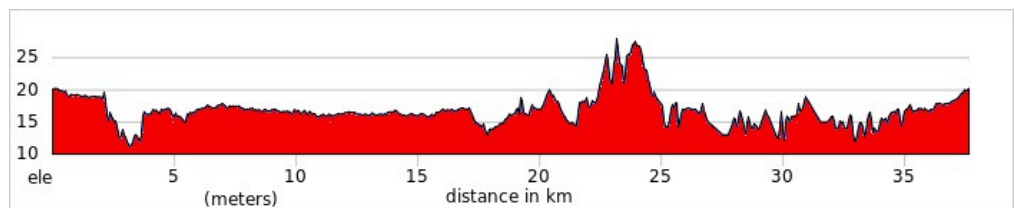


 Ride 54km  +171m  -139m

## Day 7 Farewell Ride

We'll make the most of our final morning in Siem Reap with a farewell cycling loop through the rustic Cambodian countryside. The highlight of our ride is a visit to Phnom Bakong, a majestic 9th-century sandstone pyramid and one of the oldest Angkorian temples still standing. We'll also stop at a newer Buddhist temple for a refreshment break and stimulate our senses with a stroll through a local fresh market, where a variety of produce, meats, and freshwater species are on sale. Back in Siem Reap by lunchtime, we'll enjoy a final meal together and say our goodbyes. If you need assistance with post-tour hotel bookings in Siem Reap or airport transfers, please let us know.

 Breakfast, Lunch



 Ride 38km  +117m  -117m

**Disclaimer:** The adventure cycling tours we operate often go beyond the beaten track, and the countries where we ride are not always predictable. Due to these reasons, it is occasionally necessary to reroute or update itineraries. Our guarantee is that we will not change a trip unless for safety or to improve it. Our listed hotels are always accurate at the time of writing, but should we have to change any hotel, it will always be for a similar or better one.

## NUTS & BOLTS

### Bikes

Because some people can't imagine going on a trip without their own beloved bicycle, we do not provide them as part of this tour. However, you can hire bikes locally for the price listed in the tour pricing section. If you bring your own bike, please make sure it is a mountain, hybrid, or gravel bike in good mechanical order.

We also have E-Bikes available for hire, but they are limited in number & size - please send an email to us to check on availability.

## Bike Repairs

Basic spares and tools are carried by the guide and on the support vehicle, though we cannot guarantee having spares for every conceivable problem. Carrying a basic tool kit, a spare tube and a pump while riding is recommended.

## Safety

Wearing a helmet is required on all our biking adventures and is non negotiable. If you do not wear a helmet you will not be allowed to cycle. Your tour leader is trained in first aid and emergency rescue, but to a large degree you must be responsible for your own safety while riding. It is therefore compulsory that you take out travel insurance that will cover you for a mountain biking tour.

## Guides

You will be led by a local English-speaking guide and if the group is 9 people or more we will add another guide to the tour. All our guides are well informed in the history, culture and religions of the area where you are biking and are skilled at passing that knowledge on to you. Your guide is also medically trained and an experienced cyclist, able to handle most minor repairs en route.

## THE NITTY GRITTY

### CAMBODIA

#### Passports and Visas

All nationalities require a visa and a passport valid for 6 months after their planned exit from Cambodia. A 30-day visa on arrival is available at Phnom Penh and Siem Reap Airports and at some land border crossings. You can also obtain a visa online through [e-Visa](#). There is a 3-day processing time and you'll need a scanned copy of the passport. Not all border crossings accept the e-Visa, please check this [port of entry page](#) which provides a list of which checkpoints support the e-Visa service. If your chosen tour includes a border crossing where e-Visa is not available we'll tell you at the time of booking. For Visa-On-Arrival, the cost is 35 USD and it needs to be paid in cash. It is important that the USD are in good condition - i.e. no visible tearing, creasing, crumpling, or scribbling - so please only bring new and crisp USD bills to avoid any issues upon entry.

**Update:** All passengers travelling to Cambodia must now submit an electronic arrival card before entering the country. This 'Cambodia e-arrival card' can be completed and submitted up to 7 days prior to arrival via the [official website](#) or through Apple's App Store and Google Play Store. The platform also offers the option to apply for an e-visa or reserve a visa on arrival for eligible nationalities, eliminating the need for separate visa applications. **At present, this process is applicable to travelers who arrive by flights into Phnom Penh and Siem Reap airports. Those entering Cambodia by land crossing, boat or through Sihanoukville airport will use the paper-based forms at this time.**

#### Health

We recommend that you visit a travel medical doctor and ask about the following vaccinations: typhoid, polio, tetanus and hepatitis A. A certificate for Yellow Fever is required when arriving from an infected area within six days.

#### Weather

Cambodia has two distinct seasons - wet and dry. The dry season usually lasts from October to April. The wet season starts in May until September. Within each season there are variations in temperature. The coolest being 24C around November/December and hottest hitting 35C around April/May.

#### Food

Meals are included as per the itinerary where B = breakfast, L = lunch, D = dinner. Most meals are local and feature noodles, rice, curries, and soups. Cambodian cuisine is a mixture of Thai, French and Chinese dishes and we make sure you can sample a wide variety. Any special dietary requirements can also be catered for as well. Please let us know at the time of booking.

#### Drink

Keeping you completely hydrated is a job we take very seriously. Cold water, some energy-restoring local fruit, and soft drinks are included in the tour price while riding. Soft drinks and

other beverages during meals are not included. Beer is freely available everywhere but is NOT included in the price.

### **Solo Travelers**

SpiceRoads does not require you to pay a surcharge for traveling alone. We will arrange for you to share accommodation with another traveler of the same gender and if we can not match you up we will provide a single room at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room. The cost of the single supplement is listed above.

### **Extra Expenses**

We recommend that you tuck away a few extra dollars, perhaps US\$20, for incidentals.

### **Money**

Thai baht and US dollars are widely used in Cambodia, especially in larger cities and towns. In smaller towns and villages, Cambodian riels are usually preferred. There are ATMs in most areas, however, machines dispense US dollars. The guides will be able to show you where the ATMs are. Spend riel before departing as no one will exchange them for you once you leave.

## **THAILAND**

### **Passports and Visas**

Visitors from 93 countries can enter Thailand for 60 days without applying for a visa. See [here](#) if your country is on the list. If you do not hold a passport from one of these countries please contact the Thai embassy or consulate nearest to you about applying for a visa. If you intend to stay for more than 60 days you will also need a visa. Please check this [page](#) for more details and the latest updates. Please ensure you hold a passport with at least 6 months of validity remaining. You will need to show proof of an onward flight out of Thailand to be eligible for the visa on arrival. If you do not possess a ticket proving your exit from Thailand within 60 days of arrival, you may be denied boarding.

### **Health**

We recommend that you visit a travel medical doctor and ask about the following vaccinations: typhoid, polio, tetanus and hepatitis A. A certificate for Yellow Fever is required when arriving from an infected area within six days.

### **Weather**

Thailand generally has a tropical climate with fairly high humidity. The North and Central region have a tropical climate with fairly high humidity. Northeast Thailand has a humid hot and dry weather alternatively with medium rain while the coastal areas of the east is humid and hot with intermittent rain. The South of Thailand has a tropical climate with fairly high humidity.

There are three seasons: from March to June it is hot and dry, with temperatures between 27°C/80 F and 40°C/104 F, with night temperatures in the 20s. The rainy season is from July to October, but temperatures are slightly lower, because of the effect of the rain. During this time it will not rain continuously, but in sharp bursts, and the sun can come out quickly. The cooler season is from October to February, with average temperatures between 20°C/68 F and 30°C/86 F.

### **Food**

Meals are included as per the itinerary where B = breakfast, L = lunch, D = dinner. Most meals are local and feature noodles, rice, curries, and soups. Any special dietary requirements can also be catered for as well. Please let us know at the time of booking.

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supplement is payable to guarantee your own room. The cost of the single supplement is listed above.

### Extra Expenses

We recommend that you tuck away a few extra dollars, perhaps US\$20 per day, for incidentals.

### Money

The Thai currency is the baht. ATMs, which are abundant, are the easiest ways to get Thai baht. Have a supply of US dollars in cash on hand, just in case your card doesn't work. Banks or the rarer private moneychangers offer the best foreign-exchange rates. Credit cards are accepted in big cities and resort hotels but you'll need baht for family-run guesthouses or restaurants.

## GENERAL BOOKING INFO

If this is the tour for you here's what you need to do to confirm your place:

### FLEXIBLE BOOKING CONDITIONS

Booking a SpiceRoads cycling adventure is easy and we try to do everything possible to make sure you have full flexibility and peace of mind. We do not require a deposit to hold your place on a tour and once full payment has been made your money is protected in our client account and you have the flexibility to cancel or change your booking if needed.

### CONFIRMING YOUR BOOKING

Just complete our online booking form or send your booking details offline (email or post), and we will confirm your participation. No deposit is needed to confirm your place on a SpiceRoads tour.

You are advised to read our [Booking Conditions](#) in full before you make your payment and should you require further clarifications of any of the conditions below, please [email us](#) or call our office.

### TRIP STATUS

There is a minimum number of participants (usually 2) required to enable the trip to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to Depart'. Once a trip is guaranteed to depart you are free to book your flights and make other travel arrangements. If the trip status is 'Limited' will mean we have only a small number of spaces available for booking. If you are unsure about the trip status, please [email us](#) or call our office.

### BOOKING ONLINE

From the tour page, click the 'Book Now' link. All departures for this tour will appear, just select the date you'd like to travel. For the next steps, you'll need to know the names of the people travelling. If you wish you can also provide extra details such as passport numbers, height (for bike hire), or you can add that later by logging into [Manage My Trip](#) (we'll set up an account for you automatically if you don't already have one). Our system will contact you from time to time to fill in the missing information, as it will be required before departure. However, if the trip that you are booking offers a child discount, you will have to fill out the date of birth of each rider (so we can calculate the appropriate discount).

If you are having any problems [please send us an email](#), or give us a call (+66 026 3295) and one of our travel specialists will assist you with your booking.

### BOOKING OFFLINE

Just call us or send an email indicating which trip you want to join and we will happily send you a list of questions and process your booking for you.

### DEPOSITS AND PAYMENTS

We do not require a deposit or full payment to book a place for you on a tour.

The balance of the tour's cost (final invoice) will need to be paid 60 days before the departure date with fees for any bicycle rental(s), single supplement(s) and extra hotel nights.

In the case where a booking is made when there are less than 60 days until the tour departure date, the tour's cost should be paid in full within 72 hours of receiving an invoice from SpiceRoads. Payment can be made by credit card using our online payment gateway or by bank transfer. When making payment online you will need to confirm that you have read these booking



conditions during the "checkout" process, which equates to agreeing to the terms of services and stipulations as indicated in this document.

In all cases, tour fees need to be paid "in full" before participation in a tour. No person(s) will be allowed to join a tour without fully settling their invoice and receiving a confirmation number from SpiceRoads.

The exception can be made for last-minute miscellaneous fees that can be paid locally (visas, additional local hotel bookings, etc.) can be settled on the day of arrival.

## FULL FLEXIBILITY FOR TOUR CANCELATIONS

If the tour is cancelled or postponed by SpiceRoads because we didn't make the trip numbers and the tour can't run, we will make a full cash refund (by bank transfer or on your credit card).

If the tour is cancelled for any other reason, including due to Covid related travel restrictions, we will give you a full credit (with no deductions for admin or any other small-print item) to use on any SpiceRoads tour with no time limit. (Exceptions being flights, special permits and other non-refundable items and these will be advised when booking the trip).

Before paying for your tour, you can cancel your booking with no charge and up until 40 days before departure, you can change your booking to another travel date or move your booking onto another SpiceRoads tour with no charges.

If you need to cancel after you have made full payment, please see our [cancellation policy](#).

## Loyalty Riders Club

For those who have been on several long tours with us, we reward customer loyalty by offering repeat customers a special discount off the tour price (excludes single supplement and bike rental). If this is your fourth scheduled tour or more you will receive a 5% discount. If this is your eighth scheduled tour or more we will extend a 10% discount. The discount will be reflected in your online booking, but please contact us if any questions. Loyalty discounts cannot be used in conjunction with any other offer. Note: Only tours of 7 days or more will be applicable for a loyalty discount.

## International Flights

International flights, to and from the start and finish points are not included in the tour price. Once your tour is Guaranteed to Depart you can book your flight. Please contact us for advice before arranging flights for the best arrival and departure times. We would only cancel a trip for an extreme circumstance, but in that case, where we cancel your trip, we cannot be liable for losses incurred relating to any flight booking you have made. Please claim any losses from your [travel insurance](#) that you acquired when you booked your holiday.

## Newsletter

Our adventure travel [e-newsletter](#) is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from SpiceRoads, be sure to subscribe.

The information in this document is given in good faith, and covers the average range of conditions likely to be found on this trip. Please note that the itinerary is subject to change due to unforeseen circumstances, however, we will always do our best to adhere to this original itinerary

## CONTACT US

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